



[www.diogenes-eu.org](http://www.diogenes-eu.org)

**The Diogenes Project – Diet, Obesity & Genes**  
*Targeting the obesity problem: seeking new insights & routes to prevention*

**Project Co-ordinator:**

**Prof Wim Saris, Maastricht University**

EC funded Sixth Framework Project Contract No: FP6-513946

Priority 5: Food Quality & Safety

**Media Release**

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## **PREVENTION OF WEIGHT (RE)GAIN - DIET, GENETICS, BEHAVIOUR, SCREENING and NOVEL FOOD INGREDIENTS**

*Key results and insights of DIOGENES project to be revealed*

*Noordwijkerhout, Amsterdam 4-6 May 2009*

### **More research results on obesity? ‘So what’ you may ask?**

New information is released almost daily but does it help to address the critical question of ‘what’ we as individuals, health professionals and policy makers can ‘do’ to stem the inexorable world-wide rise of obesity particularly in children.

The opening debate of the DIOGENES Symposium will set the scene to address the ‘so what’ question. Is it in our ‘nature’ or is it down to how we are ‘nurtured’?

The DIOGENES Symposium with its multi-disciplinary speakers will put the ‘meat on the bones’ and reveal the results achieved from the largest pan-European study ever convened – including results from the dietary intervention study investigating the best diet to combat weight re-gain.

**Is protein control or attention to glycaemic index the answer?**

**Come to the DIOGENES Symposium 4-6 May and find out.**

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The DIOGENES EC-funded project Satellite Symposium of the European Congress on Obesity (ECO 2009) at which the key results and insights across its five research themes will be revealed and discussed. DIOGENES researchers from its 31 partners will be joined by external experts from around the world. The Satellite programme also includes a novel EC-USA Workshop on the Early Programming of Obesity.

View the full programme at <http://www.diogenes-eu.org/ECO2009/Programme.htm>

**Delegates** can register to attend the DIOGENES ECO Satellite by logging onto <http://www.diogenes-eu.org/ECO2009/Registration.htm>

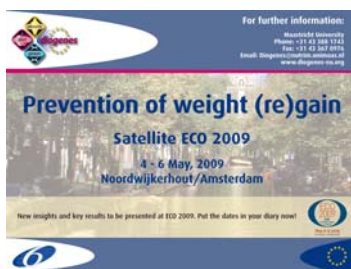
**Please note** that delegates must register separately for the DIOGENES Satellite – it is not included in registration for ECO2009.

**ENDS/ Information for journalists follows:**

1. Journalists are invited to attend the **Press Conference on Monday 4<sup>th</sup> May 4-5pm** followed by refreshments and the **Opening Debate (6- 8pm) "Obesity: nature or nurture? So what?"** with Arne Astrup, University of Copenhagen, Denmark and Thorkild Sørensen, Institute of Preventive Medicine, Denmark
2. Limited press places are also available for journalists to attend the full DIOGENES Symposium prior to ECO09.
3. Journalists must register to attend the Press Conference and Debate and/or request a place at the Symposium by emailing full contact and media accreditation details to Rhonda Smith, Minerva PRC Ltd [info@minervaprc.com](mailto:info@minervaprc.com) +44 (0)1264 710428, +44(0)7887-714957
4. Key speakers may be able to accommodate interviews in advance of the Symposium. Please contact Rhonda Smith as above with any requests.

**Further Notes for Editors:** Diogenes [www.diogenes-eu.org](http://www.diogenes-eu.org) managed by Professor Wim Saris (Maastricht University) is an EC-funded pan-European Research Programme targeting the obesity problem from a dietary perspective: seeking new insights and new routes to prevention. It is an Integrated Project of the EU Sixth Framework Programme for Research and Technological Development (2005-2009). The name Diogenes is an acronym for the project and stands for 'Diet, Obesity and Genes'. Diogenes is integrating dietary, genetic, physiological, and psychological/behavioural and food technology studies.

Further information on the DIOGENES project is available from: Dr Petra LL Goyens [PLL.Goyens@nutrim.unimaas.nl](mailto:PLL.Goyens@nutrim.unimaas.nl) +31 43 388 1779 or Karin Quanten [K.Quanten@nutrim.unimaas.nl](mailto:K.Quanten@nutrim.unimaas.nl) +31 43 388 1873



Download the Symposium flyer at <http://www.diogenes-eu.org/ECO2009/Flyer.htm>